



Name your beneficiary

A SIMPLE WAY TO PROTECT YOUR LOVED ONES

Your beneficiary is the person who receives your retirement account balance in the event of your death. You can name your spouse, another family member or anyone you choose. You can also name a trust, estate, or organization, such as a charity. If you're married, your spouse is automatically your beneficiary unless they provide written, notarized consent to name another beneficiary. If you're unmarried and don't name a beneficiary, your account will be distributed in accordance with the Summary Plan Description (SPD). To make the process easier on your loved ones, we encourage you to name a beneficiary even if you wish for your account to be distributed as described above.

When To Update Your Beneficiary

Review your beneficiary every year or so, especially after a life event, such as having a baby, getting married or getting divorced. Keep in mind that most of the time, your beneficiary form will override your will, so keep your designation up to date.

Naming More Than One Beneficiary

If you have multiple beneficiaries, you'll designate the percentage of your account you want each beneficiary to receive.

ACCESSING YOUR ACCOUNT

Log in to millimanbenefits.com, download the Milliman Mobile Benefits app or chat with a Benefits Service Center representative on millimanbenefits.com. Representatives are available Monday through Friday from 7 a.m. to 7 p.m. Central time.

How To Name or Update Your Beneficiary



To review, name or update your beneficiary, log in to millimanbenefits.com, click on the Profile icon in the top right corner and choose Beneficiaries. You'll need Social Security numbers and birth dates for any individuals you choose. Scan the QR code to review the process.

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